

## Course Information

Semester & Year: Spring 2020

Course ID & Section #: Psych 1 E8088

Instructor's name: Mark Winter

Day/Time: TTh 11:40-1:05

Location: HUM 112

Number of units: 3.0

## Instructor Contact Information

Office location: HUM 108G

Office hours: MW 1-2 & TTh 3-4

Phone number: 707-476-4310

Email address: mark-winter@redwoods.edu

## Required Materials

Textbook title: Exploring Psychology

Edition: 11th

Author: David Myers and C. Nathan DeWall

ISBN: 10: 1-319-10419-3

Other requirement: [materials, equipment or technology skills]

## Catalog Description

A course focusing on the scientific study of behavior and mental processes. The content of the course focuses on the exploration of major theories and concepts, methods, and research findings in psychology. Topics include biological foundations, perception, learning, cognition, emotion, motivation, development, personality, social psychology, psychological disorders and therapies, and applied psychology. This course is transferable to four-year colleges and is a prerequisite for most upper division psychology courses.

## Course Student Learning Outcomes (*from course outline of record*)

**1.** Explain concepts in areas of psychological theory and research while representing appropriate breadth and depth of knowledge within the context of historical trends in psychology. **2.** Recognize and understand the impact of diversity on psychological research, theory and application, including (but not limited to): age, race, ethnicity, culture, gender, socio-economic status, disability, and sexual orientation. **3.** Demonstrate critical thinking skills and information competence as applied to psychological topics. **4.** Analyze how experience, culture, learning and biology affect behavior and cognitive processes.

## Evaluation & Grading Policy

**Grade Distribution:** A = 93% and above, A- = 90-92%, B+ = 88-89%, B = 83-87, B- = 80-82%, C+ = 78-79%, C = 65-77%, D = 60-64%, F = 59% and below

For additional information on grading and assignments, see below.

## Prerequisites/co-requisites/ recommended preparation

None

**General Psychology**  
**Psych 1 – E8088**

**Spring 2020**

**Instructor:** Mark Winter PhD

**Email:** [mark-winter@redwoods.edu](mailto:mark-winter@redwoods.edu)

**Office:** HM 108H    **Hours:** MW 1-2 & TTh 3-4

**Class Website:** <http://redwoods.instructure.com>

**Phone:** 707-476-4310

**Textbook website:** <https://www.macmillanlearning.com/Catalog/product/exploringpsychology-eleventhedition-myers>

Class Meetings: TTh 11:40-1:05, HU 112

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**Text: Exploring Psychology** (2019, 11<sup>th</sup> Edition) by David Myers and C. Nathan DeWall, Worth publishers. Paperback ISBN-10: 1-319-10419-3. The 10<sup>th</sup> edition is acceptable although exam MC questions come directly from the 11<sup>th</sup> edition. A copy of the 11<sup>th</sup> edition is on two-hour reserve at the LRC.

**Student Commitment:** This three credit-hour class will require about nine hours per week of your time. You will have to regularly attend class, carefully read textbook chapters, submit thoughtful daily writing assignments, complete a research paper, and successfully demonstrate your learning in exams. Class attendance, conscientiousness, attention to details, reading, writing, and study skills are critical for success.

### **Evaluation and Grading**

**Exams (150 points):** Two exams will consist of 50 multiple choice and 5 short essay questions. You must take the exam at or before its scheduled date for full credit. Late exams are allowed up to one week with up to a 10 point penalty.

**Final Exam (75 points):** The final exam will consist of 50 multiple-choice and 5 short essay items based on chapters 11-15. You must take the exam at its scheduled date. Late exams are not allowed.

**Lecture Points (approx. 80 points at 3 points each class):** Near the end of each class you will identify a topic from the lecture to respond and relate to your personal experience. Specifically, you will be asked to: Thoughtfully respond/react to the topic (1 point), relate/apply the topic to your own personal experience (1 point), write a question you have based on the day's topic (1 point), and write in most of the space provided.

You must attend the full lecture to receive credit.

**Research Paper (80 points):** This will be a short paper on any psychology topic of your choice including an outline (20 pts.), paper (60 pts.). Information is available at the modules link in Canvas. All research paper assignments will be submitted electronically using Canvas.

**Extra Credit (30 points):** There are three extra credit opportunities during the three exam weeks.

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Dates	Topic	Readings	Assessment
<b>Week 1: Jan 21 – Jan 23</b>	Introduction	Chapter 01	Lecture Points
<b>Week 2: Jan 28 – Jan 30</b>	The Biology of Behavior	Chapter 02	Lecture Points
<b>Week 3: Feb 04 – Feb 06</b>	Consciousness	Chapter 03	Lecture Points
<b>Week 4: Feb 11 – Feb 13</b>	Human Development	Chapter 04	Lecture Points
<b>Week 5: Feb 18 – Feb 20</b>	Gender and Human Sexuality	Chapter 05	Lecture Points
<b>Week 6: Feb 25 – Feb 27</b>	<b>Exam 1</b> Sensation and Perception	Chapter 06	<b>Ex 1, Chapters 1-5 Extra Credit</b> Lecture Points
<b>Week 7: Mar 03 – Mar 05</b>	Learning	Chapter 07	Lecture Points <b>Paper Outline</b>
<b>Week 8: Mar 10 – Mar 12</b>	Memory	Chapter 08	Lecture Points

<b>Mar 16 – Mar 20</b>	<b>Spring Break</b>		
<b>Week 9: Mar 24 – Mar 26</b>	Thinking, Language, and Intelligence	Chapter 09	Lecture Points
<b>Week 10: Mar 31 – Apr 02</b>	Motivation and Emotion	Chapter 10	Lecture Points <b>Research Paper</b>
<b>Week 11: Apr 07 – Apr 09</b>	<b>Exam 2</b> Health Psychology	Chapter 11	<b>Ex 2, Chapters 6-10 Extra Credit</b> Lecture Points
<b>Week 12: Apr 14 – Apr 16</b>	Social Psychology	Chapter 12	Lecture Points
<b>Week 13: Apr 21 – Apr 23</b>	Personality	Chapter 13	Lecture Points
<b>Week 14: Apr 28 – Apr 30</b>	Psychological Disorders	Chapter 14	Lecture Points
<b>Week 15: May 05 – May 07</b>	Treatment of Disorders	Chapter 15	Lecture Points
<b>Final Exam May 12 10:45-12:45</b>			<b>Final Exam</b> <b>Extra Credit</b>

**Code of Conduct:** Student behavior or speech that *disrupts the instructional setting* will not be tolerated. Disruptive conduct may include, but is not limited to: side conversations among students during lectures, eating food in classrooms, accessing mobile devices including cell phones, unwarranted interruptions, failure to adhere to instructor’s directions, vulgar or obscene language, slurs or other forms of intimidation; and physically or verbally abusive behavior. In such cases where the instructor determines that a student has disrupted the educational process, a disruptive student may be temporarily removed from class. In addition, the student may be reported to the Chief Student Services Officer or designee. The Student Code of Conduct ([AP 5500](#)) is available on the College of the Redwoods website. Additional information about the rights and responsibilities of students, Board policies, and administrative procedures is located in the [College Catalog](#) and on the [College of the Redwoods website](#).

**Important Dates:** *Last day to drop without a W and receive a refund: 1/31/20; Last day to petition to file P/NP option: 2/14/20; Last day to petition to graduate or apply for certificate: 3/05/20; Last day for student-initiated W (no refund): 4/3/20*

Students who have experienced extenuating circumstances can complete & submit the *Excused Withdrawal Petition* to request an Excused Withdrawal (EW) grade instead of the current Withdrawal (W) or non-passing (D, F & NP) grades. The EW Petition is available from the Admissions and Records Forms Webpage. Supporting documentation is required.

**Students with Disabilities:** This class is designed to comply with the Americans with Disabilities Act in making reasonable accommodations for qualified students with disabilities. Please present your written accommodation request at least one week before the first test so that necessary arrangements can be made. No last-minute arrangements or post-test adjustments will be made. If you have a disability or believe you might benefit from disability related services and may need accommodations, please see me or contact [Disabled Students Programs and Services](#). Students may make requests for alternative media by contacting DSPS at 707-476-4280.

**Accessibility:** Students will have access to this course that complies with the Americans with Disabilities Act of 1990 (ADA), Section 508 of the Rehabilitation Act of 1973, and College of the Redwoods policies. Course materials will include a text equivalent for all non-text elements; videos will include closed captioning, images will include alt-tags, hyperlinks will use descriptive/meaningful phrases instead of URLs and audio files will include transcripts. All text will be formatted for use with screen readers and all course materials will be understandable without the use of color. Students who discover access issues with this class should contact the instructor.

### **Preferred Name in Canvas**

Students have the ability to have an alternate first name and pronouns to appear in Canvas. Contact [Admissions & Records](#) to request a change to your preferred first name and pronoun. Your Preferred Name will only be listed in Canvas. It does not change your legal name in our records. See the [Student Information Update form](#).

### **Canvas Information**

Canvas is our online course management system. Canvas will provide access to the class grades, slideshows, handouts, and extra credit assignments. Log in: <https://redwoods.instructure.com>  
Password is your 8 digit birth date. For tech help, email [its@redwoods.edu](mailto:its@redwoods.edu) or call 707-476-4160  
Canvas Help for students: <https://www.redwoods.edu/online/Help-Student> Canvas online orientation workshop: <https://www.redwoods.edu/online/Home/Student-Resources/Canvas-Resources>

### **Emergency procedures / Everbridge**

College of the Redwoods has implemented an emergency alert system called Everbridge. In the event of an emergency on campus you will receive an alert through your personal email and/or phones. Registration is not necessary in order to receive emergency alerts. Check to make sure your contact information is up-to-date by logging into WebAdvisor <https://webadvisor.redwoods.edu> and selecting 'Students' then 'Academic Profile' then 'Current Information Update.' Please contact Public Safety at 707-476-4112 or [security@redwoods.edu](mailto:security@redwoods.edu) if you have any questions. For more information see the [Redwoods Public Safety Page](#).

In an emergency that requires an evacuation of the building anywhere in the District:

- Be aware of all marked exits from your area and building
- Once outside, move to the nearest evacuation point outside your building
- Keep streets and walkways clear for emergency vehicles and personnel
- Do not leave campus, unless it has been deemed safe by the campus authorities.

*Notes: While I make every effort to follow the standards and schedule of this syllabus there may be times when changes are necessary. I will inform the class of any changes. Administrative procedure (AP) 5075 allows instructors to withdraw students from class for non-participation or excessive absences through the 10<sup>th</sup> week of class.*